# Siskiyou County Behavioral Health 2020 MHP Performance Outcomes Measures

The data for the performance outcomes measures listed below was extracted from the Department of Health Care Services (DHCS) Management Information System warehouse in September of 2021 for the prior measurement year of 2020. This data was made available to the Siskiyou mental health plan (MHP) on June 24<sup>th</sup>, 2020.

#### **Performance Outcome Measures:**

# 1. Use of Fist-Line Psychosocial Care for Children and Adolescents on Antipsychotics

- Assesses use of first-line psychosocial care for children and adolescents (ages 1-17) who were dispensed a new antipsychotic medication in January 1 through December 1 of 2021
- Must have been continuously enrolled 120 days (4 months) prior to the index prescription start date (IPSD) through 30 days after the IPSD
- Excluding those with a diagnosis of schizophrenia, schizoaffective disorder, bipolar disorder, other psychotic disorder, autism, or other developmental disorder during the measurement year.
- Numerator compliance is defined as documentation of psychosocial care in the 121-day period from 90 days prior to the IPSD through 30 days after the IPSD.
- Higher rates are better for this measure

State Rating: 67.5%

MHP Rating: 84%

## 2. Follow-Up After Hospitalization for Mental Illness

- Measures the rate of follow-up visits with a mental health provider relative to inpatient discharges among eligible child and adult beneficiaries hospitalized for mental illness or intentional self-harm (as principal diagnosis) between January 1 and December 1 of 2021
- Includes clients aged 6+ as of the date of discharge and enrolled on the date of discharge through 30 days after discharge
- Higher rates are better for this measure

State Rating: 58.6% (ages 18+), 67.8% (ages 6-17)

MHP Rating: Data suppressed for low the numerator

#### 3. Antidepressant Medication Management

- Assesses effective acute and continuation phase management of depression among those diagnosed with depression and treated with antidepressant medication.
- Includes beneficiaries aged 18+ as of April 30 of the measurement year
- Beneficiaries must be continuously enrolled for 105 days prior to the IPSD to 231 days after the IPSD
- Index prescription identified from May 1 of the year prior to the measurement year through April 30 of the measurement year.
- Higher rates are better for this measure

State Rating: 56.1% acute services, 38.8% continuation services MHP Rating: 45% acute services, 25% continuation services

### 4. Adherence to Antipsychotic Medications for Individuals with Schizophrenia

- Assesses medication adherence among beneficiaries (ages 18+ as of January 1, 2021) with schizophrenia or schizoaffective disorder who were dispensed an antipsychotic (AP) medication during the measurement year.
- Beneficiaries met denominator inclusion if continuously enrolled with no a more than 1-month gap during the measurement year and having one acute inpatient service claim or at least two visits in an outpatient, intensive outpatient, partial hospitalization, ED, or non-acute inpatient setting (on different dates of service).
- Numerator compliance is defined as remaining on AP medication for at least 80 percent of the treatment period (beginning on the IPSD through December 31, 2021).
- Higher rates are better for this measure

State Rating: 61.5%

MHP Rating: 65%