

THERAPUTIC BEHAVIORAL SERVICES

What is TBS?

Therapeutic Behavioral Services (TBS) are intensive, individualized, short-term outpatient treatment interventions for beneficiaries up to age 21. Individuals receiving these services have serious emotional disturbances (SED), are experiencing a stressful transition or life crisis and need additional short-term, specific support services to accomplish outcomes specified in the written treatment plan.

In response to the Emily Q. v. Bonta class action lawsuit settlement, the California Department of Mental Health and local county Mental Health Plan agencies are working to increase utilization of TBS and ensure accessible, effective, and sustained TBS for children and their families in the Emily Q class in California.

Who is eligible for TBS under the Emily Q Settlement?

Children and youth under age 21 receiving EPSDT mental health services who:

- are placed in or are being considered for

RCL 12 or higher, or

- have received psychiatric hospitalization

in the past 24 months, or

- are being considered for psychiatric hospitalization.

Plan of Care

County of Siskiyou Health and Human Services Agency, Behavioral Health Division (BHD) involves consumers in setting their treatment goals and in planning their care. Consumers may request a second opinion regarding their care. They may also request a change of clinician or case manager, subject to the department's ability to meet the request.

Cultural Competence

County of Siskiyou Behavioral Health Division is committed to an ideal that honors the uniqueness of all cultures. Services are provided with respect for cultural values, traditions and differences-- whether of age, gender, race, ethnicity, religion or sexual orientation. Our goal is to foster partnership and inclusion that promotes mutual understanding and respect for diversity. Through Language Line telephone services, and an in-house interpreter, we have the ability to provide behavioral health services in many languages